

Children's Ministry

4 years - Kindergarten

Leviticus 23:1-44

May 17th, 2009

Lesson Plan: Main Point: The grace of rest.
Basic Idea: Our need for rest should remind us we can't work our way to God.
How we get there: understanding the real purpose of the Sabbath (23:3)

Examine Hebrews 4:9-10

1. Does God need to rest?
2. What happens if you don't get enough sleep?
3. Why did God rest, if He didn't have to?
4. How is our salvation a way to rest in God?

Explain to the kids the purpose of the Sabbath. (You do not have to use the word Sabbath the entire time, but can speak of rest.) God never gets tired (Isaiah 40:28). Therefore, He did not need to rest, but He did, to set an example for us that we must. God used to have the Israelites rest once day every week to remind them they must rest. Our need for sleep also reminds us that we can't work our way to God, but must have Him reach to us.

See Illustration

So many people think they have to work their way to God. But you can't work your way to God. In fact, when you try to work your way to God, you actually upset God because you are ignoring that Jesus did all the work for us! So we should be reminded that we have to quit working and just trust what Jesus did for us. We do not have to work because He did all the work!

Illustration

Rope cuffs

Show the kids how you can put the "rope cuffs" on and that the rope gets tighter as you fight against it. The harder you pull against it, the tighter it gets. However, if you relax and quit fighting, the ropes become loose and can fall off.

Ask the children: How can my need for rest remind me how God saves us?

"Nailing It"

1 Corinthians 4:7—*For who regards you as superior? What do you have that you did not receive? And if you did receive it, why do you boast as if you had not received it?. Our salvation is a gift which we did not earn, deserve or work for. God GAVE it to us, so we should rest in Him!*



4's - K