

## Discussion points:

1. Temptation comes from within.

Read James 1:13-15

Ask your children the following:

1. Does God tempt us?
2. How does someone become tempted?
3. What does lust conceive?
4. What does sin bring forth?

Many people try to claim God is to blame for their temptation. They assume that this means that they can also blame God when they sin. But James reminds us that God is pure and can have nothing to do with temptation. Instead, our temptation comes from our own lusts and desires within us. The temptation grows as we dwell on our desires and then seek to fulfill them.

2. Temptation can be defeated.

Read 1 Corinthians 10:13-14

Ask children the following:

1. Have you ever been tempted in a unique way from others?
2. Is there ever a temptation that is beyond our ability to resist?
3. Who will make sure we always have a way out?
4. How should we respond then?

God will actually protect us from being tempted beyond our ability to resist. Other people have faced the same temptations we have, yet God promises there will always be a way of escape. We do not have to give in to our temptation. Instead, God calls us to flee from idols. We should seek to worship God purely in all ways.

3. We do not perfectly resist temptation.

Read Galatians 6:1-2

Ask children the following:

1. Can other Christians sin?
2. Should we get involved when they do?
3. Can we help them overcome temptation?
4. Why do we need to be careful?

This passage reminds us that Christians do sin, and do need to help encourage each other when we do. Others should come along to show him his sin, but they should do it carefully. It is easy to get proud and think that we cannot be tempted. However, this passage reminds us that if we get proud, that is when we are most at risk to be tempted.

4. Unlike us, Jesus perfectly resisted temptation every time!

Read Hebrews 4:14-16

Ask children the following:

1. Where is Jesus now?
2. How can Jesus sympathize with our weakness?
3. How has Jesus handled temptation different than us?
4. How can we draw near to God then?

Ultimately, Jesus faced temptation yet avoided sin. This allows Jesus to sympathize with us, for He knows what it is like to be tempted. However, because He faced temptation without any failure, we can come before Him confidently. God's grace allows us to be accepted because of Jesus' perfection!

# Table Talk

You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up.

-Deuteronomy 6:7

